

Beaded Starfish Pendant

Presented by McBead Creations, 2019

Supplies Needed:

Size 8/0 seed beads, Miyuki, 8 grams
Size 11/0 seed beads, Miyuki, 10 grams
5 pcs, 6mm round beads (for stuffing inside)
4 meters, 6 lb Fireline

Tools Required:

Scissors
Beading Needles, Japanese #13 or #16
1 Beading Mat
1 pen or pencil (optional)

Instructions:

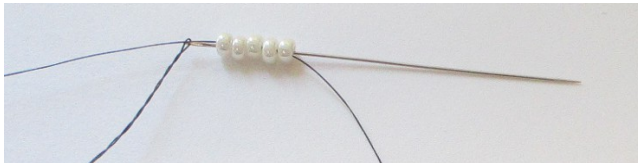
Step 1: Cut a piece of Fireline 1.5 meters long. Feed a needle onto one end, and slide down 6". Pinch the overlap of thread at the base of the needle and roll the needle in your fingers. This will twist the thread slightly,



Step 2: Feed on 5 size 8/0 seed beads. Slide them down to 6" from the end of the thread opposite the needle. (Slide it down almost 1.5 meters.)



Step 3: Feed through the beads again starting at bead #1 and finishing through bead #5.



Step 4: Pull your thread snugly. Your beads will create a slight loop. Pinch the loop with your non-dominant hand and pull both the 6" "tail" and "working thread". This will tighten the loop of beads. Using both threads, tie 3 knots.

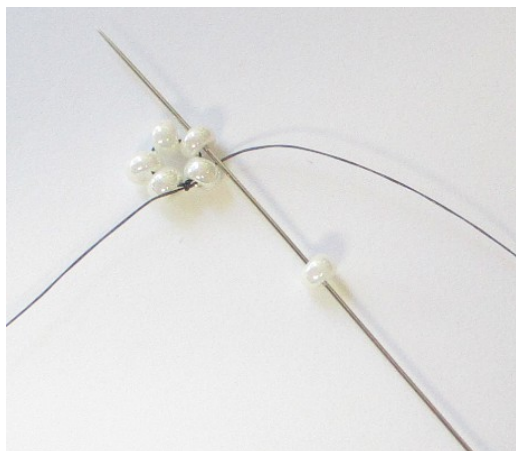


Step 5: Feed your needle through the first bead beside the know in one direction. It is your choice if it is left or right. This bead is now bead #1.

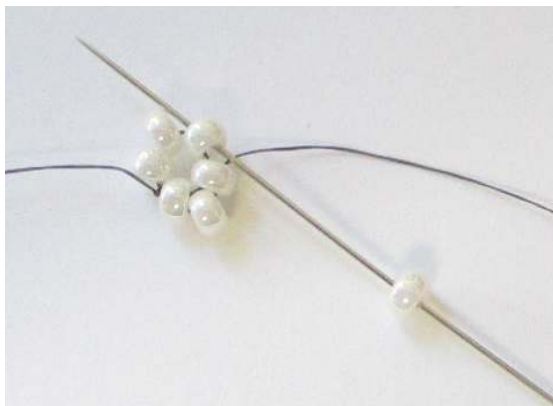


Row 2

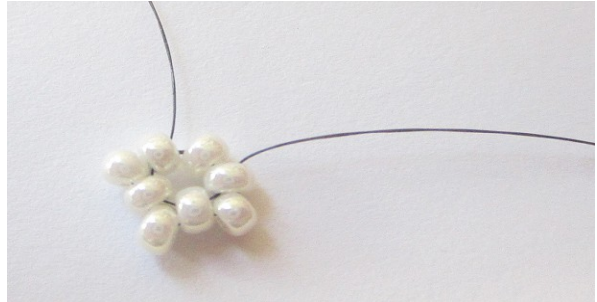
Step 6: Feed on 1 new size 8/0 seed bead and feed your needle through the next sequential bead in the loop, we will call bead #2.



Step 7: Feed on a new size 8/0 seed bead. Feed through the next sequential bead (bead #3) in the loop of 5 beads. Pull until your bead fits in between the beads of the previous rows. Pull your thread just enough so that your seed beads fit together. You don't want to see your thread, either.



Step 8: Feed on a third new size 8/0 seed bead. Feed through bead #4 of the loop of 5.



Step 9: Feed on a fourth size 8/0 seed bead and feed through bead #5 of the loop of 5.



Step 10: Feed on a fifth size 8/0 seed bead and feed through bead #1 of the loop of 5. Feed through the first bead of Row 2 as well. This is called “stepping up”. Pull snugly.

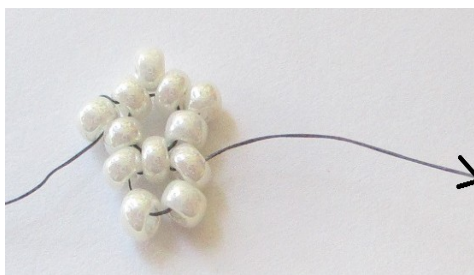
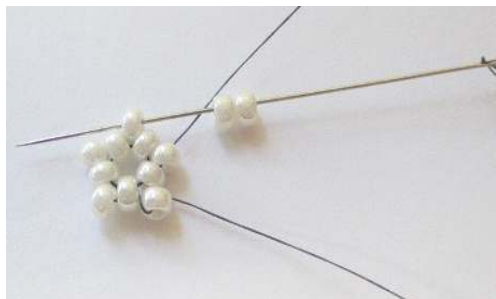


You have created a 5-point star. This is the shape from which the starfish will develop.

You will now be creating “Herringbone” stitches. Each Herringbone stitch is made of 2 size 8/0 seed beads.

Row 3

Step 11: Your needle is exiting the first “point” of the 5-point star. Feed on 2 size 8/0 seed beads. Feed your needle through the next (second) point of the star.



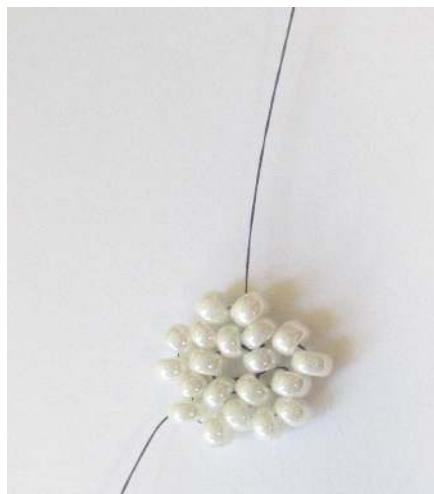
Step 12: Feed on 2 more size 8/0 seed beads and then through the third point of the star.



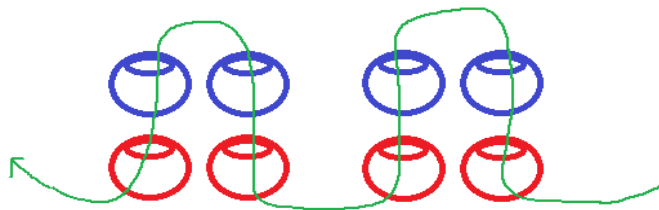
Step 13: Feed on 2 more size 8/0 seed beads and then through the fourth point of the star.



Step 14: Feed on 2 more size 8/0 seed beads and then through the fifth point of the star. You will also have to step up here. This means you will also feed up through the first bead of the two size 8/0 seed beads in Step 11. Pull snugly.



Coming UP through the first bead of two, adding on 2 beads, then diving DOWN through the second bead of two is a Herringbone stitch.



Row 4

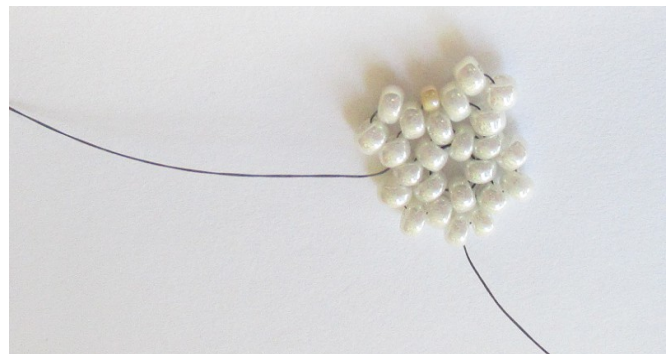
Step 15: Feed on 2 size 8/0 seed beads. Feed DOWN through the second of the two size 8/0 seed beads from Step 11. This is a Herringbone stitch.



Step 16: Feed on 1 size 11/0 seed bead. Feed UP through the first bead of the next pair of 8/0 seed beads (up into the next Herringbone stitch). This is a **Peyote Stitch**.



Step 17: Feed on 2 size 8/0 seed beads. Feed DOWN through the second of the two size 8/0 seed beads from Step 12. Pull snugly.



Step 18: Feed on 1 size 11/0 seed bead. Feed UP through the first bead of the next pair of 8/0 seed beads (up into the next Herringbone stitch).



Step 19: Feed on 2 size 8/0 seed beads. Feed DOWN through the second of the two size 8/0 seed beads from Step 13. Then feed on 1 size 11/0 seed bead. Feed UP through the first bead of the next pair of 8/0 seed beads (up into the next Herringbone stitch).



Step 20: Repeat by doing 1 Herringbone stitch, 1 Peyote stitch, 1 Herringbone stitch and 1 final Peyote stitch.



Step 21: **Stepping up:** After the last (5th) size 11/0 seed bead is fed on for the final Peyote stitch, feed your needle UP through the first size 8/0 seed bead of the first Herringbone stitch of Row 3 and then UP through the first size 8/0 seed bead of the first herringbone stitch of Row 4. Pull snugly.



Row 5

Step 22: Feed on 2 size 8/0 seed beads and create a Herringbone stitch. Pull snugly.



Step 23: Feed on 1 size 11/0 seed bead. Feed through the size 11/0 seed bead from the single Peyote stitch from Row 4.



Step 24: Feed on 1 size 11/0 seed bead. Feed UP through the first bead of the next pair of 8/0 seed beads (up into the next Herringbone stitch).



Step 25: Repeat, doing 1 Herringbone stitch, 2 Peyote stitches around the star until you have done a total of 5.

Finish Row 5 by stepping UP through the first size 8/0 seed bead of the first Herringbone stitch of Row 4 and then UP through the first size 8/0 seed bead of the first herringbone stitch of Row 5. Pull snugly.



Row 6

Step 26: Feed on 2 size 8/0 seed beads and create a Herringbone stitch. Pull snugly.

You will now see 2 size 11/0 seed beads (Peyote) between the Herringbone stitches. Feed on 1 size 11/0 seed bead, then feed into the first size 11/0 from Row 5. Feed on a second size 11/0 seed bead and feed into the second seed bead from Row 5. Feed on a third size 11/0 seed bead and then feed UP through the first size 8/0 seed bead of the Herringbone stitch. Pull snugly.



Step 27: Repeat the pattern “1 Herringbone, 3 Peyote” around the starfish for all 5 points. You will have a total of 6 size 11/0 seed beads in each “gap” between the columns of Herringbone. Be sure to **step up** at the **fifth** Herringbone stitch.



Row 7 **4 Peyote**

For Row 7, you will once again have 5 Herringbone stitches in total, one at each point in the star. However, you will for this row have 4 peyote stitches of size 11/0 seed beads between each point in the star.

Row 8 **5 Peyote**

For Row 8, you will once again have 5 Herringbone stitches in total, one at each point in the star. However, you will for this row have 5 peyote stitches of size 11/0 seed beads between each point in the star.



Important: You will be making a 3-D starfish pendant. Therefore, you will need to make 2 starfish, then sew them together, with or without stuffing. One star will have one more row than the other. One will be odd-number of peyote stitches and one will have an even number of peyote stitches. It does not affect the quality of the starfish if it the bigger or smaller that is odd or even-count.

For this starfish, we will do **one side of the starfish** that has 8 rows, that is ends with 5 peyote stitched size 11/0 seed beads between the points of the starfish. You will tuck in, tie off, and trim your leftover thread and tail.

The second side of the starfish will have 9 rows, and will have 6 peyote stitched size 11/0 seed beads between the points of the starfish. **It is important to note** that for the second side of the starfish, the Herringbone stitches at each of the 5 points will only consist of 1 size 8/0 seed bead. You will leave it with a long thread.

Tying off your thread for the first side of the starfish

Step 28: Feed your second needle onto the 6" tail from Step 4. Feed your needle away from the knot, up through the first 5-6 beads of the closest column of Herringbone-stitched size 8/0 seed beads. Pull your thread snugly and trim with scissors. Since there was a knot made at the beginning, this thread is secure.



Step 29: Your working thread is exiting a size 8/0 seed bead from on of the Herringbone columns.



Step 30: Feed your needle then DOWN through the first 3 beads (rows) of the second column of that Herringbone star point. Pull your thread through.



Step 31: Feed your needle between the two columns of the Herringbone stitch at the third-last row. Pull until a 2" loop is left. Feed your needle through the loop and pull. That is a half-hitch knot.

Repeat Step 31 to create a second half-hitch knot.



Step 32: Feed DOWN through the next 4 beads of the Herringbone column. Pull snugly and trim your thread.

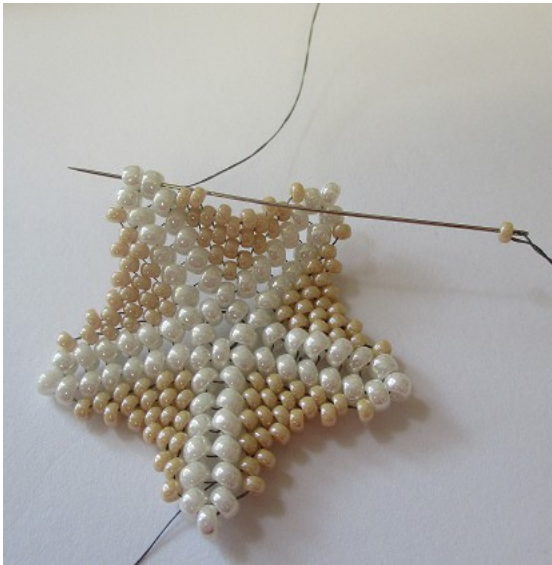


The second side of the star

Remember:

The second side of the starfish will have 9 rows, and will have 6 peyote stitched size 11/0 seed beads between the points of the starfish. **It is important to note** that for the second side of the starfish, the Herringbone stitches **OF ROW 9** at each of the 5 points will only consist of 1 size 8/0 seed bead. You will leave it with a long thread.

Step 33: Feed on your last size 11/0 seed bead of Row 9. Feed up through the first Herringbone, then through the point (single bead) of the last Herringbone. Pull snugly. Your thread should be exiting the point of the star, through a single size 8/0 seed bead.



The Stuffing (Optional)

Step 34: Cut a piece of Fireline $\frac{1}{2}$ meter long. Feed on 1 size 11/0 seed bead, a 6mm round bead, another size 11/0 seed bead, then another 6mm round bead until you have strung on 5 of each, ending with a 6mm round bead. Tie the thread into a loop, with a 4" tail, using a strong double knot.



Step 35: Lay your loop on top of your smaller star, the star without any loose threads.



Step 36: Feed on 2 size 11/0 seed beads. Feed your needle through the center size 11/0 seed bead of Row 6, the third row of Peyote stitches. Pull gently, to position your beaded loop on top of your starfish.



Step 37: Feed on 2 more size 11/0 seed beads. Pull your thread, and flip your loop of 6mm round beads so that the knot is on the side with the first 2 size 11/0 seed beads from Step 36. Feed your needle through the size 11/0 seed bead in the loop of 5 beads, towards the knot. Pull snugly.



Step 38: Feed your needle then through the next 6mm bead and size 11/0 seed bead in the loop. Pull snugly.



Step 39: Feed on 2 more size 11/0 seed beads. Feed your needle through the center size 11/0 seed bead of Row 6, the third row of Peyote stitches, in the opposite direction. Pull snugly.



Step 40: Feed on 2 more size 11/0 seed beads and then feed through the size 11/0 seed bead of the loop of 6mm round beads, then forward through the next 6mm bead and out through the next size 11/0 seed bead of the loop.



Step 41: Continue attaching each seed bead in the loop to each section of peyote in the starfish. Feed through the last size 11/0 seed bead so that your tail and working threads meet together. Tie them in 3 knots. Hide your threads by feeding them in different directions through the loop and trim your threads.



Attaching the two sides together

Step 42: Line up the points of the two starfish together. Place one on top of the other.



Step 43: With your 2 starfish point-to-point, and the loop of 6mm bead on the inside of the starfish, feed your needle through the second size 8/0 seed bead of the Herringbone tip directly opposite the thread. Pull snugly.



Step 44: Return back to the larger side of the starfish and feed through the first peyote stitched size 11/0 seed bead of the outer row. Cross over to the smaller starfish and feed through the first size 11/0 seed bead. Pull snugly. Continue zig-zagging across back and forth, feeding through the next sequential bead until you have reached the size 8/0 seed beads.



Step 45: Cross over to the smaller side of the starfish and feed UP through the first size 8/0 seed bead of the Herringbone stitch. Then feed across to the larger side of the starfish and into the center peak size 8/0 seed bead.

Step 46: Repeat Steps 43 – 45 four times in order to complete the starfish, exiting through the final single size 8/0 seed bead of the last point.



Step 47: Feed on 7 size 8/0 seed beads. Feed through the same size 8/0 seed bead in the same direction, creating a loop. Feed through the first 3 size 8/0 seed beads of the closest sequential Herringbone column and pull snugly.



Step 48: Feed your needle under the thread joining both the third and fourth beads in the column. Pull until there is a 2" loop remaining, then feed your needle into the loop and pull, creating a half-hitch knot as in Step 31.

Feed down through 3 or 4 more size 8 seed beads and trim your thread.



Enjoy!!